

Sawgrass Pediatrics

Warmly Welcome to our Pediatric Practice Dr. Alan Cadiz

*Sawgrass Pediatrics Newsletter
Spring / Summer
2010*



Dr. Cadiz is no stranger to South Florida. He grew up right here in Coral Springs and was a graduate of Marjory Stoneman Douglas High School. Dr. Cadiz is also a "third generation" pediatrician - as both his father and grandfather practiced pediatrics. He is a graduate of Nova Southeastern University College of Osteopathic Medicine in Ft. Lauderdale and completed his residency training at the University Of Florida College Of Medicine in Jacksonville, Florida, where he also served as **Chief Resident**. We are all very excited to have Dr. Cadiz join the Sawgrass Pediatrics Family.

Boca Raton Office - Saturday Office Hours Now Available

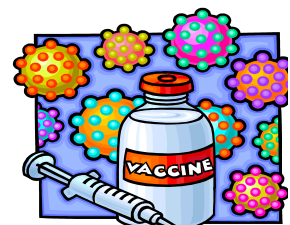
We are happy to announce that starting in June our Boca Raton location will be offering Well Check-ups and Sick Visit appointments on Saturday mornings from 9:00 a.m. to 12:00 p.m. - And as always our Coral Springs office is open on Saturdays for both Well and Sick appointments and Sundays for Sick Visits.

After Hours – Sick Visit Care

After Hours - We know that in children, illnesses do not always happen during the daytime. For this reason, the doctors in our group are available in the **evenings** and on **weekends** to care for your sick child. - The American Academy of Pediatrics has identified the surge in ambulatory care centers as an impediment to the "Medical Home." Clinics in pharmacies and retail stores, while often providing quick medical attention, do so at the expense of continuity of care. Sawgrass Pediatrics is open seven days a week, four nights a week, and during lunch-time, offering a variety of appointment times to get your sick child in to see his or her doctor as quickly as possible, usually within 24 hours. Trends in throat and ear infections, antibiotic use history, and injury patterns are just some examples of the kinds of important information that are often lost when a patient goes outside of the "Medical Home." For this reason, we strongly urge our families to call our office first when your child is sick and needs to see his or her doctor.

Vaccines You Should Know About

Pprevnar 13 - A new Pneumococcal vaccine was recently approved by the FDA and is now available in our office. This vaccine is superior to the older Prevnar 7 Vaccine, protecting children against 13 strains of the bacteria as opposed to 7 for the prior vaccine. As with all new vaccines, the Prevnar 13 may not be covered by all insurance plans. The cost for the new vaccine is \$160.00 and we strongly encourage immunization with the Prevnar 13 vaccine. The vaccine may be available for free through the local health departments.



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More - Vaccines You Should Know About

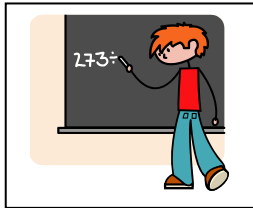
Hepatitis A - A "Catch-up" is now recommended for children and teens who have not yet received this vaccine. It is a 2 dose series, the 2nd dose being 6 -12 months after the first.

Gardasil - (Merck brand of Human Papilloma Virus (HPV) vaccine) This 3 dose series is now approved for males from 9-26 years of age. As you know, females have been receiving this vaccine for several years.

Flu Vaccine - The flu vaccine for 2010-2011 Influenza season - it is now an official CDC recommendation that all patients 6 months of age and over receive the flu vaccine next season. The H1N1 strain will be included as one of the 3 influenza strains in the next season's flu vaccine.

Annual Physical Exams

Annual Physical Exams - The physicians at Sawgrass Pediatrics **STRONGLY ENCOURAGE** annual check-ups. Many patients, particularly teens, have not been seen for 2-3 years. Often, during these annual exams, there are findings such as high cholesterol, nutritional issues, scoliosis, delayed puberty, growth concerns. Issues such as these are best addressed during the annual checkups, rather than just incidentally at an unplanned sick visit.



Financial Policy – Website

Financial Policies - As with any business, our staff tries diligently to run an efficient practice. We understand how the economy has affected all of us. We want to accommodate families with financial difficulties. Please call Linda in our office regarding overdue balances so we can try to work with you in making adjustments as possible. When in the office ask for our financial policy, or in the summer look at our new upgraded website that will give you screens to this and other office policies and information. www.sawgrasspeds.com

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